

Senior Activity Center January 2021

Tuesday	Wednesday	Thursday	Friday
5 Chicken Fritters Salad Peaches Whole Wheat Roll Milk Dessert	6 BBQ Pork Sandwich Salad Applesauce Milk Dessert	7 Ham Macaroni & Cheese Carrots Milk Dessert	8 Baked Chicken Baked Potato Green Beans Tropical Fruit Whole Grain Roll Milk Dessert
12 Chicken Tortilla Casserole Mixed Veggies Pears Milk Dessert	13 BBQ Chicken Rice Scandinavian Veggies Applesauce Whole Wheat Roll Milk Dessert	14 Chicken Fried Steak Potatoes & Gravy Cauliflower Pineapple Milk Dessert	15 Polish Hot Dog Sauerkraut Whole Grain Rice Chips Peaches Milk Dessert
19 Taco Spaghetti Salad Mandarin Oranges Milk Dessert	20 Hamburger or Hot Dog Chips Mixed Veggies Tropical Fruit Milk Dessert	21 Beef Enchiladas Broccoli Applesauce Milk Dessert	22 Pastrami Sandwiches Coleslaw Chips Pears Milk Dessert
26 Chili Normandy Veggies Pears Whole Grain Roll Milk Dessert	27 Chicken Legs & Rice Broccoli Peaches Milk Dessert	28 Sloppy Joe Chips Broccoli Peaches Milk Dessert	29 Goulash Cauliflower Mandarin Oranges Milk Dessert