



Idaho Lifespan Respite

What is Idaho Lifespan Respite?

Respite is a break for caregivers providing care to someone of any age with a significant disability, special need or chronic illness.

- ◇ Caregivers may hire from their support network such as family member, friend or a familiar individual.
- ◇ Caregivers set their respite schedule, hire who they choose as a provider and manage their budget.

Who is eligible under Lifespan Respite?

- Caregivers must be at least 18 years old and an Idaho resident.
- The caregiver must be providing unpaid care to their loved one.
- Currently not receiving paid respite care through another agency or program.
- The caregiver lives with the care recipient, or if the primary caregiver does not live with the care recipient, the caregiver must be providing frequent on-site visits throughout the day, which are essential to assure the client's health and safety.

For more information contact Gina Stucki at (208) 233-4032. Email: gina@sicog.org

[Return to Home Page](#)