

# Senior Activity Center (SAC)

## March 2023 Lunch Menu

Tuesday	Wednesday	Thursday	Friday
<p>*Menu subject to food availability</p> <p>*Suggested voluntarily \$5 donation for seniors 60 years and older</p> <p>*Anyone UNDER 60 years of age, cost is \$5.00</p>	<p><b>1 Entertainment by Brown's Lounge at 11:30 am</b></p> <p>Lasagna Salad Pears Milk Dessert</p>	<p><b>2 Free Dance Lessons 1 pm (No partner needed)</b></p> <p>Vegetable Soup &amp; Cornbread Carrots Peaches Milk Dessert</p>	<p><b>3 JACKPOT BINGO 12:45 pm Entertainment at 11 am by Boyd Murdock</b></p> <p>Tuna Fish Casserole Tropical Fruit Milk Dessert</p>
<p><b>7</b></p> <p>Goulash Green Beans Mandarin Oranges Milk Dessert</p>	<p><b>8 Entertainment by Farnes &amp; Fronski at 11:30 am</b></p> <p><b>Bannock County Family Disaster Presentation at 1 pm in Dining Room</b></p> <p>Hot Turkey Sandwich Beets Applesauce Milk Dessert</p>	<p><b>9 Free Dance Lessons 1 pm (No partner needed)</b></p> <p>Swedish Meatballs Scandinavian Veggie Tropical Fruit Milk Dessert</p> <p style="text-align: center;"><b>Senior Nutrition Party Dinner/Dance Karaoke 5-8 RSVP</b></p>	<p><b>10 JACKPOT BINGO 12:45 pm</b></p> <p>Baked Spaghetti Broccoli Pineapple Milk Dessert</p>
<p><b>14</b></p> <p>Beef Stew Mixed Veggies Mandarin Oranges Milk Dessert</p>	<p><b>15</b></p> <p>Baked Ziti Capri Veggies Tropical Fruit Milk Dessert</p>	<p><b>16 Free Dance Lessons 1 pm (No partner needed)</b></p> <p>Enchilada Pie Salad Peaches Milk Dessert</p>	<p><b>17 JACKPOT BINGO 12:45 pm Area Agency on Aging Presentation at noon</b></p> <p>Corn beef &amp; Cabbage Applesauce Roll Milk Dessert</p>
<p><b>21</b></p> <p>Chicken Noodle Soup Normandy Veggies Peaches Milk Dessert</p>	<p><b>22 Entertainment by Mavis &amp; Doc Bateman at 11:30 am</b></p> <p>Sloppy Joes Cauliflower Mandarin Oranges Milk Dessert</p>	<p><b>23 Free Dance Lessons 1 pm (No partner needed)</b></p> <p><b>Lunch starts at 11:15am</b></p> <p>Chicken Fried Steak Green Beans Tropical Fruit Roll Milk Dessert</p>	<p><b>24 JACKPOT BINGO 12:45 pm</b></p> <p>Kielbasa Sauerkraut Applesauce Milk Dessert</p>
<p><b>28</b></p> <p>Chili &amp; Cornbread Pineapple Milk Dessert</p>	<p><b>29 Entertainment by Silver Chords at 11:30 am</b></p> <p>Chicken Fritters Mixed Medley Applesauce Roll Milk Dessert</p>	<p><b>30 Free Dance Lessons 1 pm (No partner needed)</b></p> <p>Chicken Pot Pie Carrots Pears Milk Dessert</p>	<p><b>31 JACKPOT BINGO 12:45 pm</b></p> <p>Pizza Capri Veggies Peaches Milk Dessert</p>