

# Senior Activity Center

## May 2023 Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> <li>NKA Fit &amp; Fall 930am Rm 3</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>TAI CHI 10am Rm 11</li> <li>NKA Crochet Svc Grp 1pm-2pm DR</li> <li>NKA Beg. Knitting 130pm-330pm Rm 11</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Pinochle 1pm Rm 3</li> <li>AARP Tax-Aide 10am-3pm Rm 6</li> <li>TOPS 5:30pm Rm 4</li> <li>NAACP Mtg. 5pm Rm 3</li> <li>TOPS 530pm Rm 4</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>SAC Exec. Mtg. 10am Rm 4</li> <li>Fit &amp; Fall 930am-1030am Rm 3</li> <li>AM Mahjongg 9:30am Rm 8</li> <li>Live Entertainment at 11:30am Michael Corrigan</li> <li>Bridge 1pm Rm 4</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>NKA Brd Mtg. 10am Rm 11</li> <li>NKA Beg. Crochet 11 10am-11:30am Rm 6</li> <li>Free Dance Lessons 1pm DR</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Special Pinochle 1pm Rm 4</li> <li>Origami 1pm Rm 11</li> <li>Pinochle 1pm Rm 3</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>Bridge 9am Rm 4</li> <li>Jackpot Bingo 12:45 pm</li> <li>Creative Writing 1pm Rm 4</li> </ul>
<p>8</p> <ul style="list-style-type: none"> <li>Fit &amp; Fall 930am Rm 3</li> <li>Travel Committee 10:30am Rm 4</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>TAI CHI 10am Rm 11</li> <li>NKA Crochet Svc Grp 1pm-2pm DR</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Pinochle 1pm Rm 3</li> <li>TOPS 530pm Rm 4</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>SAC Brd Mtg. 10am Rm4</li> <li>AM Mahjongg 9:30am Rm 8</li> <li>NKA Fit &amp; Fall 930am-1030am Rm 3</li> <li>Live Entertainment 11:30am Farnes &amp; Fronski</li> <li>Bridge 1pm Rm 6</li> <li>Gate City Mex. Train 1pm-3pm Rm 4</li> <li>Parkinson Support Group 2 pm Rm 3</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>Beg. Crochet 11 10am-11:30am Rm 6</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Free Dance Lessons 1pm DR</li> <li>Origami 1pm Rm 11</li> <li>Special Pinochle 1pm Rm 4</li> <li>Pinochle 1pm Rm 3</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>Bridge 9am Rm 4</li> <li>Jackpot Bingo 12:45 pm</li> <li>Creative Writing 1pm Rm 4</li> </ul>
<p>15</p> <ul style="list-style-type: none"> <li>Fit &amp; Fall 930am Rm 3</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>Do you Use the Internet by Boise State University 1pm DR</li> <li>NKA Crochet Svc Grp 1pm-2pm DR</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Pinochle 1pm Rm 3</li> <li>TOPS 530pm Rm 4</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>Fit &amp; Fall 9:30am Rm 3</li> <li>AM Mahjongg 9:30am Rm 8</li> <li>Bridge 1pm Rm 4</li> <li>AARP Mtg 1pm-3pm Rm 3</li> <li>Live Entertainment at 11:30am Phil Dixon, Monty &amp; Curt</li> <li>Parkinson 530p Rm 5</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>Beg. Crochet 11 10am-11:30am Rm 6</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Free Dance Lessons 1pm DR</li> <li>Origami 1pm Rm 11</li> <li>Special Pinochle 1pm Rm 4</li> <li>Pinochle 1pm Rm 3</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>Bridge 9am Rm 4</li> <li>Jackpot Bingo 12:45 pm</li> <li>Creative Writing 1pm Rm 4</li> <li>Gate City Bunco 1pm Rm 3</li> </ul>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22  <ul style="list-style-type: none"> <li>Fit &amp; Fall 9:30am Rm 3</li> </ul>	23  <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>TAI CHI 10am RM 11</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Pinochle 1pm Rm 3</li> <li>TOPS 5:30pm Rm 4</li> </ul>	24  <ul style="list-style-type: none"> <li>AM Mahjongg 9:30am Rm 8</li> <li>Live Entertainment 11:30am Mavis &amp; Doc Bateman</li> <li>Dementia Friends Information Session 1pm DR</li> <li>Bridge 1pm Rm 6</li> </ul>	25  <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>BUNCO 10am-Noon Rm 4</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Free Dance Lessons 1pm DR</li> <li>Special Pinochle 1pm Rm 4</li> <li>Pinochle 1pm Rm 3</li> <li>Origami 1pm Rm 11</li> </ul>	26  <ul style="list-style-type: none"> <li>Bridge 9am Rm 4</li> <li>Jackpot Bingo 12:45 pm</li> <li>Creative Writing 1pm Rm 4</li> </ul>
29  Memorial Day Closed	30  <ul style="list-style-type: none"> <li>Parkinson 9am Rm 5</li> <li>Fit &amp; Fall 11am &amp; 4pm Rm 3</li> <li>Pinochle 1pm Rm 3</li> <li>TOPS 5:30pm Rm 4</li> </ul>	31  <ul style="list-style-type: none"> <li>AM Mahjongg 9:30am Rm 8</li> <li>Portneuf Greenway Field trip 9:30 am</li> <li>Live Entertainment 11:30am Brown's Lounge</li> <li>Birthday Table at Noon DR</li> <li>Bridge 1pm Rm 6</li> </ul>	*NKA listed classes required registering prior to attending Register at: <a href="https://cetrain.isu.edu/nka/">https://cetrain.isu.edu/nka/</a>	



**FIELD TRIP**

**WEDNESDAY, MAY 31, 2023 AT 9:30AM**  
**EXPLORING THE GREENWAY**  
**BUS WILL PICK US UP AND RETURN BY**  
**LUNCH TIME!**  
**SIGN-UP AT FRONT OFFICE.**

