



## Senior Activity Center September Menu Lunch Noon to 1 pm



*September is Falls Prevention Month  
(see activity calendar for Fit & Fall schedule)*

### Tuesday

### Wednesday

### Thursday

### Friday

	<ul style="list-style-type: none"> <li>Seniors <b>over the age</b> of 60 years, suggested donation of \$6.00</li> </ul>	<ul style="list-style-type: none"> <li>Seniors <b>under the age</b> of 60 years old, cost is \$6.00, please pay at the front office</li> <li>Menu subject to availability</li> </ul>	<b>1</b> <b>Jackpot Bingo 12:45 pm</b> Kielbasa Coleslaw Mandarin Oranges Milk Dessert
<b>5</b>  Ham Salad Tropical Fruit Roll Milk Dessert	<b>6</b> <b>Entertainment at 11:30 am</b> <b>Neil Felzer</b>  Chicken Chili Carrots Pears Cornbread Milk Dessert	<b>7</b> <b>Free Dance Lessons</b> <b>1pm (no partner needed)</b>  Chicken Fried Steak Salad Roll Peaches Milk Dessert	<b>8</b> <b>Jackpot Bingo 12:45 pm</b>  Hamburger w/onion & tomato Pineapple Milk Dessert
<b>12</b> <small>Healthy City, USA Volunteers will serve lunch</small>  Chicken & Quinoa Salad Roll Applesauce Milk Dessert	<b>13</b> <b>Entertainment at 11:30 am</b> <b>Farnes &amp; Fronski</b>  Goulash Salad Mandarin Oranges Pears Milk Dessert	<b>14</b> <b>Free Dance Lessons</b> <b>1pm (no partner needed)</b>  Meatloaf Green Beans Peaches Milk Dessert	<b>15</b> <b>Jackpot Bingo 12:45pm</b> <b>Boyd Murdock at 11am</b>  Hot Dog Coleslaw Tropical Fruit Milk Dessert
<b>19</b> <b>Idaho Commission on Aging will be here to present Idaho's Senior Plan</b>  Chicken Fried Steak Salad Peaches Roll Milk Dessert	<b>20</b> <b>Entertainment at 11:30 am</b> <b>Brown's Lounge</b>  Baked Spaghetti Cauliflower Mandarin Oranges Milk Dessert	<b>21</b> <b>Free Dance Lessons</b> <b>1pm (no partner needed)</b>  Tacos Salad Pears Milk Dessert	<b>22</b> <b>Jackpot Bingo 12:45pm</b>  Vegetable Soup Tropical Fruit Cornbread Milk Dessert
<b>26</b>  Italian Sausage Salad <small>(ranch)</small> Pineapple Cornbread Milk Dessert	<b>27</b> <b>Entertainment at 11:30 am</b> <b>Roy McKee</b>  Sloppy Joes Mixed Veggies Tropical Fruit Milk Dessert	<b>28</b> <b>Free Dance Lessons</b> <b>1pm (no partner needed)</b>  Pastrami Coleslaw Pears Milk Dessert	<b>29</b> <b>Jackpot Bingo 12:45pm</b>  Biscuits & Gravy Hashbrown Mandarin Oranges Milk Dessert