



# Senior Activity Center April Lunch Menu Served 11:30 am – 12:30 pm

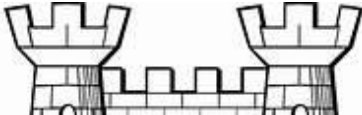


United Way  
of Southeastern Idaho

\*Menu subject to availability

*April is Parkinsons Awareness Month*

Volunteers have an impact on our lives, they are unpaid and donate their time unselfishly. We salute them for their unwavering service, please join us and thank a volunteer during lunch!

Tuesday	Wednesday	Thursday	Friday
2 Parkinson Presentation at 11:30 am  Chicken Fritters Sweet Potato Fries Pears Milk Dessert	3 Entertainment Under Western at 11:30 am  Bratwurst Sauerkraut Peaches Milk Dessert	4 Free Dance Lessons at 12:30 pm  Chicken Fried Steak Beats Peaches Milk Dessert	5 Bingo at 12:45 pm  Pizza Green Beans Apples Milk Dessert
9  Beef Stew Pears Roll Milk Dessert  <i>Welcome Portneuf Health Trust Staff!</i>	10 Entertainment Phil Dixon & Tinker Dam 11:30 am  Chili Beets Peaches Milk Dessert	11 Free Dance Lessons at 12:30 pm  Salisbury Steak Scandinavian Veggies Mandarin Oranges Milk Dessert	12 Bingo at 12:45 pm Boyd Murdock at 10:30 am Tomato Macaroni Beets Apples Milk Dessert  <b>Medieval Castles 12:45 pm rm 3</b>
16 <i>How to take off 20 years off your mental age 12:30 pm in Dining Room</i>  Chicken Noodle Soup Peaches Roll Milk Dessert	17 Entertainment Roy McKee at 11:30 am  Chicken Alfredo Green Beans Pineapple Milk Dessert  <i>Welcome AARP!</i>	18 Free Dance at Lessons 12:30 pm  Roast Beef Sliders Normandy Applesauce Milk Dessert	19 Bingo at 12:45 pm AARP Driving Class 9 am – 4pm  Breakfast Burrito Beets Pears Milk Dessert
23  Veggie & Lentil Soup Peaches Roll Milk Dessert	24 Entertainment DJ Justin at 11:30 am  Roast Turkey Green Beans Pears Milk Dessert	25 Free Dance Lessons at 12:30 pm  Chicken Tacos Lettuce & Tomatoes Tropical Fruit Milk Dessert	26 Bingo at 12:45 pm  Spinach Beef Soup Beets Applies Milk Dessert  <b>Medieval Castles 12:45 pm rm 3</b>
30 Texas Black Bean Soup Green Beans Peaches Milk Dessert			

Please join us for a free presentation  
by Dr. Trent Stephens PH.D.  
Medieval Castles on April 12<sup>th</sup> and 26<sup>th</sup> at 12:45 pm in room 3

