



Senior Activity Center

February 2025 Lunch Menu

Tuesday - Friday Lunch served 11:30AM – 12:30PM

*Menu Subject to Availability



0. Tuesday	Wednesday	Thursday	Friday
	<div style="border: 1px solid black; padding: 5px; color: red; font-weight: bold;"> American Heart Month </div>		
4 Pork Chop & Rice Zucchini Applesauce Milk Dessert	5 Dance Lessons 1PM & 2PM Bacon Turkey Club Coleslaw Peaches Milk Dessert	6 Garlic Parmesan Chicken Scandinavian Veg Mandarin Oranges Milk Dessert	7 Bingo at 12:45PM National Wear Red Day Ham or Tilapia Mixed Veggies Tropical Fruit Milk Dessert
11 <i>Over 90 B-Day Celebration</i> <i>Entertainment 11:30AM</i> <i>Angel Tones</i> Barbecue Chicken Green Beans Fruit Salad Milk Dessert	12 Dance Lessons 1PM & 2PM <i>Entertainment at 11:30AM</i> <i>Farnes & Fronske</i> Chicken Noodle Casserole Normandy Vegetables Applesauce Milk Dessert	13 <i>Entertainment 11:30AM</i> <i>Keith Ward - Jazz</i> Philly Steak Sandwich Tator Tots Pears Milk Dessert <i>Valentine's Day Party 6-9PM</i>	14 Bingo at 12:45PM <i>Entertainment 11:30AM</i> <i>Boyd Murdock</i> Swedish Meatball/Noodles Mixed Vegetables Peaches Milk Dessert <div style="color: red; font-style: italic; font-size: 1.2em;"> Happy Valentine's Day </div>
18 <i>Entertainment 11:30AM</i> <i>Justin Hillary</i> Malibu Chicken Vegetable Blend Pineapple Milk Dessert	19 Dance Lessons 1PM & 2PM Po Pork Carrots Mixed Fruit Milk Dessert <div style="text-align: right; font-weight: bold;"> WELCOME AARP </div>	20 Hamburger Gravy Mashed Potatoes Pineapple Milk Dessert	21 Bingo at 12:45PM Orange Chicken & Rice Stir-Fry Vegetable Mandarin Oranges Milk Dessert
25 <i>Entertainment 11:30AM</i> <i>Roy McKee</i> Beef Enchilada Casserole Romaine Salad Peaches Milk, Dessert	26 Dance Lessons 1PM & 2PM Chicken Strips Broccoli Apricots Milk Dessert	27 Chicken Fried Steak Mashed Potatoes Mandarin Oranges Milk Dessert	28 Bingo at 12:45PM Fish Sandwich French Fries Pineapple Milk Dessert

Random Acts of Kindness Week February 9-15

Monday - Write a thank-you note to someone you will see today

Tuesday - Make an effort to smile at everyone you pass.

Wednesday - Compliment five people around you (nothing related to physical appearance).

Thursday - Leave positive notes in public places to inspire others.

Friday - Offer to help someone with a task.