Senior Activity Center, Inc

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	1
2	09:30a NKA Fit and Fall - Room 3	08:00a SAC Pool - Room 12 Billiards Room	5 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	Billiards Room	7 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	8
	09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 11:00a SAC Cribbage Card Game - Room 8 12:00p SAC Volunteers	09:30a NKA Intermediate Bridge - Room 11 09:30a Parkinson Boxing - Room 5Å 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a NKA Crochet 101/102 - Room 6 11:00a SAC Fit and Fall 11:AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Crochet/Knitting Service Group - Dining RoomÂ 01:30p NKA Mahjong - Room 4 03:30p SAC Fit and Fall 3:30	08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 09:30a NKA Fit and Fall - Room 3 10:00a NKA Barn Quilts - Room 6 10:00a SAC Board Executive Meeting - Room 8 11:00a Parkinson 11 AM Exercise - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers 01:00p NKA Rag Rugs - Room 6 01:00p SAC Bridge - Room 8	09:30a Parkinson Boxing - Room 5Å 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Board Meetings - Room 11 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÅ 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 12:30p SAC Pinochle - 3 12:30p SAC Special Pinochle - Room 4 01:00p SAC Book Club - Room 6 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Pool - Room 12 Billiards Room 10:00a PCT Tools For Caregivers - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers 12:45p Charity Bingo - Dining RoomÂ 01:00p SAC Creative Writing - Room 4	
		PM Class - Room 3 04:30p TOPS - Room 4 05:00p NAACP Meetings - Room 3				
9	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room 09:30a NKA Intermediate Bridge - Room 11 09:30a Parkinson Boxing - Room 5Å	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5Â 10:00a AARP Tax Aide Assistance - Room 8	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	15

09:30s SAC Pool Mondays Room 12 Billiands Room 2 Billiands Room 3 10:30s MKA Tarwel Committee - Room 11 11:30s SAC Cribage Card 10:00s MKA Cricchet 10:00s MKA Cri	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room 12 Billarids Room Assistance - Room 8 10:30a NKA Travel Assistance - Room 1 10:30a NKA Travel 10:30a NKA Barn Quitts 10:30	9	10	11	12	13	14	15
Committee - Room 11							
11-000 SAC Cribbage Card 10-000 NKA End Fell 11-000 SAC Plan and Fell					Recycled Bags Service	Congregate Meal - Dining	
1.30a Nutrition Program 1.30a Nutrition					,		
Congregate Meal - Dining RoomA 11:30a Portneuf Health Trust Congregate Meal - Dining RoomA 11:30a Portneuf Health Trust Congregate Meal - Dining RoomA 12:00p SAC Volunteers 12:30p SAC Volunteers 12:20p SAC Volunteers 10:00p SAC Special Pinchele - 30 10:30p NKA Beginning And Intermediate Knitting - Room 10:00p SAC Volunteers 10:00p SAC Special Pinchele - Room 4 10:00p SAC Special Pinchele - Room 10:		12:00p SAC Volunteers			11:30a .Nutrition Program		
11:30a Portneuf Health Trust Congregate Meal - Drining NormA 12:00p SAC Volunteers - Dirining RoomA 12:00p SAC Volunteers - 12:30p SAC Pinochie - 3 12:30p SAC Special Pinochie - Room 4 12:00p SAC Volunteers 12:30p SAC Pinochie - 3 12:30p SAC Special Pinochie - Room 4 11:30a SAC Pinochie - 3 12:30p SAC Special Pinochie - Room 4 11:30a SAC Pinochie - 3 12:30p SAC Special Pinochie - Room 4 11:30a SAC Pinochie - 3 12:30p SAC Special Pinochie - Room 4 11:30a SAC Pinochie - 3 12:30p SAC Special Pinochie - Room 4 11:30a SAC Pinochie - 3 12:30p SAC Pinochie -			Congregate Meal - Dining		Congregate Meal - Dining RoomÂ		
12:00p SAC Volunteers 12:30p SAC Pinochle - 3 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Crochet/Knitting Service Group - Dining RoomA 01:30p NKA Rag Rugs - Room 8 01:30p NKA Fit and Fall - Room 4 01:30p NKA Mahjong - Room 3 01:30p NKA Fit and Fall - Room 3 01:30p NKA Fit and				Congregate Meal - Dining	12:30p SAC Pinochle - 3		
101:30p NKA Beginning And Intermediate Knitting - Room 4 101:00p NKA Rag Rugs - Room 6 101:00p NKA Crochet/Knitting 101:30p NKA Crochet/Knitting 101:30p NKA Crochet/Knitting 101:30p NKA Mahjong - Room 4 101:00p SAC Free Dance Lessons - Dining Room A 101:00p SAC Free Dance Lessons - Dining Room A 101:00p SAC Free Dance Lessons - Dining Room A 101:00p SAC Free Dance Lessons - Dining Room A 101:00p SAC Free Dance 101:00p SAC Free Dance Lessons - Dining Room A 101:00p SAC Libra Dancing - Room 3 101:00p SAC Mexican Train - Room 1 100:30p NKA Fit and Fall - Room 3 101:00p SAC Mexican Train - Room 1 100:00p SAC Mexican Train - Room 1 100:00p SAC Mexican Train - Room 3 100:00p SAC Mexican Train - Room 1 100:00p SAC Fit and Fall - Room 3 100:00p SAC Mexican Train - Room 1 100:00p SAC Mexican Train - Room 1 100:00p SAC Mexican Train - Room 1 100:00p SAC Fit and Fall - Room 3 100:00p SAC Mexican Train - Room 1 100:00p SAC Fit and Fall - Room 3 10:00p SAC Fit and Fall - Room 3 10:00				12:00p SAC Volunteers			
Intermediate Knitting - Room 11 100 NKA Rag Rugs - Room 11 101 100 NKA Crochet/Knitting 101 100 NKA Bag Rugs - Room 11 100 NKA Crochet/Knitting 101 100 NKA Bag Rugs - Room 10			i i				
No. Service Group - Dining RoomÄ O1:30p NKA Mahijong - Room 4 O1:30p NKA Mahijong - Room 4 O1:30p SAC Line Dancing - Room 3 O1:00p SAC Line Dancing - Room 3 O1:00p SAC Line Dancing - Room 3 O1:00p SAC Mexican Train - Room 11 O1:00p SAC Library Tuesday thru Fridays - Room 7 Library O1:00p SAC Library Tuesday thru Fridays - Room 7 Library O1:00p SAC Library Tuesday thru Fridays - Room 7 O1:00p SAC Pool - Room 12 D1:00p SAC Pool - Ro			Intermediate Knitting - Room				
Room 4			Service Group - Dining	01:00p SAC Free Dance			
PM Ciass - Room 3							
16 17 09:30a NKA Fit and Fall - Room 3 18 08:00a SAC Pool - Room 12 Billiards Room 2 09:30a SAC Library Tuesday thru Fridays - Room 7 Library 109:30a SAC Library Tuesday thru Fridays - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 11:00a SAC Cribbage Card Game - Room 8 12:00a SAC Volunteers 13:00a SAC Volunteers 14:00a SAC Volunteers 15:00a SAC Pool North Monday SAC Volunteers 15:00a SAC Pool - Room 12 Billiards Room 20:00a SAC Pool - Room 20:00a SAC Pool - Room 20:00a SAC Pool - Room 20:00a SAC P							
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09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool - Room 12 Billiards Room 09:30a SAC Pool - Room 12 Billiards Room 09:30a SAC Pool Mondays - Room 12 Dibrary 09:30a SAC Pool Mondays - Room 12 Billiards Room 11:00a SAC Cribbage Card Game - Room 8 12:00a SAC Voluntoors 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5Å 09:00a SAC Pool - Room 12 Billiards Room 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library Room 3 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Crochet With Recycled Bags Service	16	17	18	19	20	21	22
09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 11 09:30a SAC Pool Mondays - Room 12 09:30a SAC Pool Mondays - Room 12 09:30a SAC Pool Mondays - Room 5Â 09:30a Parkinson Boxing - 80:00a SAC Pool - Room 12 Billiards Room 09:30a SAC Pool Mondays - Room 5Â 08:00a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5Â 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a NKA Crochet With Recycled Bags Service				thru Fridays - Room 7		thru Fridays - Room 7	
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Room 12 Billiards Room 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a AARP Tax Aide Assistance - Room 8 10:00a AARP Tax Aide Assistance - Room 3							
Game - Room 8 10:00a AARP Tax Aide Assistance - Room 7 Library 10:00a NKA Fit and Fail - Room 3 10:00a NKA Crochet With Recycled Bags Service 10:00a NKA Crochet With Recycled Bags Service			10:00a AARP Tax Aide	l	10:00a AARP Tax Aide		
12:000 SAC Volunteers Assistance - Room 7 Library 10:000 NKA Barn Quilte Recycled Bags Service		11:00a SAC Cribbage Card Game - Room 8				Congregate Meal - Dining	
10:00a NKA Crochet 101/102 - Room 6 Room 6 12:00p SAC Volunteers		12:00p SAC Volunteers	Assistance - Room 7 Library 10:00a NKA Crochet				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
		11:00a SAC Fit and Fall 11AM Class - Room 3	11:00a Parkinson 11 AM Exercise - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3	12:45p Charity Bingo - Dining RoomA	
		11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	01:00p SAC Creative Writing - Room 4	
		12:00p SAC Volunteers 12:30p SAC Pinochle - 3	12:00p AARP Monthly Meeting - Room 3	12:00p SAC Volunteers 12:30p SAC Pinochle - 3		
		01:30p NKA Beginning And Intermediate Knitting - Room 11	12:00p SAC Volunteers 01:00p NKA Quilling with Carol - Room 11	12:30p SAC Special Pinochle - Room 4		
		01:30p NKA Crochet/Knitting Service Group - Dining		01:00p NKA Origami Simple Kusudama - Dining RoomÂ		
		RoomÂ	01:00p SAC Bridge - Room 8	01:30p NKA Fun With Crochet - Room 11		
		01:30p NKA Mahjong - Room 4	01:00p SAC Free Dance Lessons - Dining RoomÂ	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
		03:00p NKA Social And Planning Fun - Dining RoomÂ	01:00p SAC Line Dancing - Dining RoomÂ			
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	01:00p SAC Mexican Train - Room 4			
		04:30p TOPS - Room 4				
23	24	25	26	27	28	29
	09:30a NKA Fit and Fall - Room 3	Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	09:30a SAC Library Mondays Only - Room 7 Library	09:30a NKA Intermediate Bridge - Room 11	08:00a SAC Pool - Room 12	09:30a Parkinson Boxing - Room 5Â	08:00a SAC Pool - Room 12	
	09:30a SAC Pool Mondays -	09:30a Parkinson Boxing - Room 5Â	Billiards Room 09:00a SAC American	09:30a SAC Bunco - Room	Billiards Room 11:30a .Nutrition Program	
	Room 12 Billiards Room 11:00a SAC Cribbage Card	10:00a AARP Tax Aide Assistance - Room 8	Mahjong - Room 4 09:30a NKA Fit and Fall -	10:00a AARP Tax Aide Assistance - Room 7 Library	Congregate Meal - Dining RoomÂ	
	Game - Room 8	10:00a AARP Tax Aide Assistance - Room 7 Library	Room 3	10:00a AARP Tax Aide Assistance - Room 8	12:00p SAC Volunteers	
	12:00p SAC Volunteers	10:00a NKA Crochet	10:00a NKA Barn Quilts - Room 6	10:00a NKA Crochet With	12:45p Charity Bingo - Dining RoomÂ	
		101/102 - Room 6 11:00a SAC Fit and Fall	11:00a Bannock County Assessor - Room 11	Recycled Bags Service Group - Room 4	01:00p SAC Creative Writing - Room 4	
		11AM Class - Room 3	11:00a Parkinson 11 AM Exercise - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3		
		11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	11:30a .Nutrition Program Congregate Meal - Dining	11:30a .Nutrition Program Congregate Meal - Dining		
		12:00p SAC Volunteers	RoomA	RoomA		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	Intermediate Knitting - Room 11 01:30p NKA Crochet/Knitting	01:00p NKA Rag Rugs - Room 6 01:00p SAC Bridge - Room 8 01:00p SAC Free Dance Lessons - Dining RoomÂ 01:00p SAC Line Dancing -	12:00p SAC Volunteers 12:30p SAC Pinochle - 3 12:30p SAC Special Pinochle - Room 4 01:30p NKA Fun With	28	29
30	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library					

09:30a SAC Pool Mondays -Room 12 Billiards Room

11:00a SAC Cribbage Card Game - Room 8

12:00p SAC Volunteers